



Packing List – Support Crew

You will receive:

- 1 x tshirt (day wear)
- 1 x Black polo shirt
- 1 x Black dinner shirt
- 1 x cap
- Laundry bag
- Luggage tag
- Tour de Cure red jacket (on loan only)

WHAT TO PACK – Max 8kg:

- Jeans/pants/shorts (max. 2 pairs)
- One pair casual shoes / trainers
- Underwear, socks and sleepwear
- Extra jumper/sweater
- Swimmers
- Sunglasses
- Toiletries including sunscreen
- Personal medical needs (although we will have an extensive first aid/medical kit)
- Ear plugs if you are a light sleeper
- Laptop (if applicable) & chargers (these will be locked in a road case in the truck during the day)
- Mobile and charger
- Power board (if you have multiple gadgets to charge overnight)
- Sense of humour and camaraderie!

Packing Tips:

1. **Pack light** - you'll wear the same things over and over & laundry will be done once during the tour. Bags should be **under 8kgs** in weight. The lighter the better for our logistics crew please, we want them to look after their backs!
2. **Please pack everything into a soft duffle bag** (no wheels as we will have early starts and we would like to minimise the noise for the other hotel guests). Please don't bring hard cases as our logistics crew will be lifting these in and out of the truck.
3. You will be supplied with **luggage tags** (when you pick up your kit) **to put in a visible spot on your personal belongings. NB: only laptop sleeves accepted, no laptop backpacks please.**
5. Day wear – Support Crew will wear TDC tshirt or shirt, jeans/shorts, maybe a jumper, trainers.
6. Evening wear – at dinner each night everyone is to wear the TDC black dinner shirt & jeans with casual shoes
7. **Don't pack your best gear** - laundry is done commercially, whites & colours are mixed
8. Label / mark EVERYTHING with your name – clothes may escape laundry bags in the machines!